

If you are a child being bullied, what you can do is **tell someone**.

- Peer councillors/ Room 12.
- School staff: Teachers, Form Tutors, Teaching Assistants, Lunchtime Supervisors, etc.
- Time-out cards given to you by a member of staff.
- Key Stage Directors.
- Website addresses and telephone numbers outside Room 1.
- Talk to a friend.

If you are a Parent / Carer of a child that has problems which concern you, you can:

- Call the school: ask to speak to a specific staff member e.g. Key Stage Director, Form Tutor.

We are always here to help.